



Your Healthy Heart - Enquiry Form

The "Your Healthy Heart" Campaign is aimed at raising awareness of heart conditions and the risk factors associated with lifestyle choices. The "Your Healthy Heart" team is made up of between 1 and 4 Cardiac Rehabilitation Sisters and 1 or 2 members of the Wessex Heartbeat fundraising team, depending on participant numbers.

If you would like the "Your Healthy Heart" team to visit your workplace please take a look on the Wessex Heartbeat website: <http://www.heartbeat.co.uk> and you will find available dates under Your Healthy Heart. Then, please complete the following enquiry form and return to *Your Healthy Heart Co-ordinator, Wessex Heartbeat, PO Box 270, Southampton General Hospital, Southampton, Hampshire, SO16 6GE* or email to info@heartbeat.org.uk

Full Name: _____

Company Name: _____

Company Address: _____

Email: _____

Telephone: _____

How did you find out about Your Healthy Heart?

Would you like a brief introductory speech by D'Arcy Myers, CEO? Yes No

Would you like a "heart health awareness" talk by the Sisters? Yes No

What date(s) are you interested in?: 1) _____

2) _____

3) _____

How many participants would you expect to be interested in this service? _____

Each participant takes approximately 10minutes, but 2 can be seen at once. We request a £5 donation per participant to partially cover the costs of this initiative. This donation can be paid by the individual taking part, or in bulk by the company offering the service to their employees.

Thank you for taking the time to fill out this form.

The details completed, including your email address/mobile number, may be used to keep you informed about Wessex Heartbeat and our future events.

All the data in this form will remain CONFIDENTIAL.

If you do not wish to receive such information by any of the methods listed below, please indicate by crossing out the corresponding method(s):

Post Email Telephone SMS

Wessex Heartbeat, PO Box 270, Southampton General Hospital
Southampton, Hants, SO16 6GE | 02380 795907 | info@heartbeat.org.uk

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